



Ospedale  
di Cremona

Sistema Socio Sanitario  
 Regione  
Lombardia  
ASST Cremona

## NORDIN TEST

### URINE COLLECTION METHOD

#### PROCEDURE:

- Empty your bladder;
- Drink 250 ml of distilled water (purchasable at the pharmacy);
- After 2 hours, urinate (collecting all urine) into a container (purchasable at the pharmacy or available free of charge at the sample collection centre and the lab administrative office);
- If one container is insufficient, add another and bring both along;
- Show up at the chosen sample collection point during opening hours.

**The Nordin Test determines urinary calcium and creatinine levels - two-hour urine output.**

