

# Rami Nehme, MD

**Data di nascita:** 31 Agosto 1995

**Luogo di nascita:** Rabieh Lebanon

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**Stato civile:** Nubile

## Educazione

**1999 – 2013** Saint Joseph School Cornet Chahwan – Scienze della vita  
Baccalaureato libanese

**2013 – 2017** University of Balamand (UOB) – Faculty of Health Sciences, Beirut, Lebanon  
Laurea triennale in Scienze mediche di laboratorio

**2017 – 2023** University of Pavia (Unipv) – Faculty of Medicine, Harvey course, Pavia, Italy  
Laurea Magistrale in Medicina e Chirurgia (MD)

## Esperienza clinica

**2016 – 2017** Saint George Hospital University Medical Centre – Beirut, Lebanon

*Rotazioni di laboratorio: patologia, endocrinologia, immunologia, batteriologia, parassitologia, chimica clinica, ematologia e banca del sangue*

Durante la mia carriera accademica, ho avuto l'opportunità di completare le rotazioni cliniche nei vari reparti di laboratorio dell'ospedale. Ho condotto una vasta gamma di test, eseguito procedure di controllo di qualità e imparato a elaborare e analizzare i campioni. Attraverso queste rotazioni, ho acquisito esperienza pratica in diverse tecniche e procedure di laboratorio e ho sviluppato una comprensione completa del ruolo cruciale che i dipartimenti di laboratorio svolgono nella cura del paziente. Queste esperienze hanno migliorato le mie conoscenze e competenze nel campo della scienza medica di laboratorio e fornito una più profonda comprensione medica delle materie rilevanti.

**2020 – 2023** CUP DEA – Fondazione I.R.C.C.S Polyclinico San Matteo – Pavia, Italy

*Rotazioni: Geriatria, Rianimazione (ICU), Pronto soccorso (ED), Pediatria, Gastroenterologia, Radioterapia e malattie infettive*

Ho raccolto un'anamnesi corretta, eseguito esami fisici mirati, discusso piani di valutazione e gestione appropriati, servito come primo assistente in sala operatoria, acquisito esperienza pratica nell'esecuzione di procedure come sutura, intubazione, inserimento IV, inserimento catetere arterioso, inserimento catetere urinario/rimozione, ABG, ECG, esame rettale digitale (DRE), ha partecipato a stabilizzare i pazienti, e ha fatto alcuni turni di notte al Pronto soccorso.

**Giugno 2022** Instituti Clinici Scientifici Maugeri – Pavia, Italy

*Reparto di nefrologia:* esperienza acquisita in prima persona nella diagnosi e nel trattamento di condizioni correlate ai reni. Ha partecipato all'esecuzione di esami fisici, alla revisione della storia medica dei pazienti, all'interpretazione dei test diagnostici e allo sviluppo di piani di trattamento personalizzati. Ho anche avuto la possibilità di partecipare e osservare varie procedure tra cui la dialisi.

## **Esperienza di ricerca**

**ORCID iD** 0009-0004-6660-9254

### **Pubblicazioni**

Bou Zerdan, Maroun, Joseph Kassab, Paul Meouchy, Elio Haroun, Rami Nehme, Morgan Bou Zerdan, Gracia Fahed, Michael Petrosino, Dibyendu Dutta, and Stephen Graziano. "The Lung Microbiota and Lung Cancer: A Growing Relationship." *Cancers* 14, no. 19 (2022): 4813.

## **Certificazioni**

**Aprile 2016 Certificato del primo soccorritore - Croce Rossa libanese**

Formazione di base per l'assistenza di emergenza pre-ospedaliera

## **Società**

**2019 – 2022 Harvey Medsociety**

Tesoriere

**2019 – 2021 Gruppo Kos**

Rappresentante degli studenti

## **Volontariato**

**2013 Servizio civile al Vigili del fuoco Libanese**

**2015 Children Cancer Centre of Lebanon (CCCL)**

**2016 Gioventù della Croce Rossa libanese**

## **Esperienza professionale**

**2012 – 2013 Bagnino al Mtayleb Country Club**

Garantire la sicurezza dei nuotatori e fornire supporto di primo soccorso quando necessario

**2014 – 2016 Office of Student Affairs – University of Balamand, Achrafieh**

**2019 – 2020 Anatomy Tutor – University of Pavia, Harvey Medicine course**

Tutor per studenti di medicina del primo anno

**2022 Tutor di lingua inglese**

Tutor per gli studenti della quarta e quinta elementare

## Attività extrascolastiche e hobby

2003 – 2016 Associazione Scout Libanesi

2012 – 2013 Rappresentante di classe

2004 – 2008 Chitarra

2010 – 2017 Muay Thai

## Competenze

Lingue      **Arabo** - Competenza nativa

**Inglese** - Piena competenza

**Francese** - Piena competenza

**Italiano** - Competenza professionale

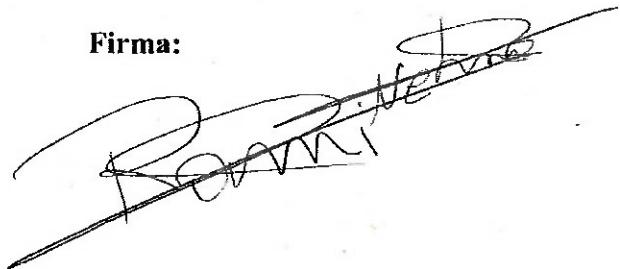
Competenze informatiche Microsoft Office Word, Excel e PowerPoint

                Endnote

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Firma:

A handwritten signature in black ink, appearing to read "Riccardo Nervi".



Review

# The Lung Microbiota and Lung Cancer: A Growing Relationship

Maroun Bou Zerdan <sup>1,2</sup>, Joseph Kassab <sup>3</sup>, Paul Meouchy <sup>4</sup>, Elio Haroun <sup>5</sup>, Rami Nehme <sup>6</sup>, Morgan Bou Zerdan <sup>7</sup>, Gracia Fahed <sup>7</sup>, Michael Petrosino <sup>1</sup>, Dibyendu Dutta <sup>5,\*</sup> and Stephen Graziano <sup>5,\*</sup>

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<sup>4</sup> Department of Internal Medicine, Naef K. Basile Cancer Institute, American University of Beirut Medical Center, Beirut 11072020, Lebanon

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**Simple Summary:** In the past few years, the microbiota has emerged as a major player in cancer management. The efficacy of chemotherapy or immunotherapy may be influenced by the concomitant use of antibiotics before, during, or shortly after treatment with immune checkpoint inhibitors. Despite this, the mechanism linking the microbiota, host immunity, and malignancies are not clear, and the role of microbiota manipulation and analyses in cancer management is underway. In this manuscript, we discuss the role of the microbiota in the initiation, progression, and treatment outcomes of lung cancer.

**Abstract:** The lung is home to a dynamic microbial population crucial to modulating immune balance. Interest in the role of the lung microbiota in disease pathogenesis and treatment has exponentially increased. In lung cancer, early studies suggested an important role of dysbiosis in tumor initiation and progression. These results have helped accelerate research into the lung microbiota as a potential diagnostic marker and therapeutic target. Microbiota signatures could represent diagnostic biomarkers of early-stage disease. Lung microbiota research is in its infancy with a limited number of studies and only single-center studies with a significant methodological variation. Large, multicenter longitudinal studies are needed to establish the clinical potential of this exciting field.

**Keywords:** lung cancer; microbiota; intestinal barrier; dysbiosis



**Citation:** Bou Zerdan, M.; Kassab, J.; Meouchy, P.; Haroun, E.; Nehme, R.; Bou Zerdan, M.; Fahed, G.; Petrosino, M.; Dutta, D.; Graziano, S. The Lung Microbiota and Lung Cancer: A Growing Relationship. *Cancers* **2022**, *14*, 4813. <https://doi.org/10.3390/cancers14194813>

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## 1. Introduction

The microbiota is a collection of bacteria, fungi, and viruses that reside in or on the human body [1]. It is part of the innate immune system and modulates several mechanisms of host defense [2]. Dysbiosis refers to an alteration in the composition, diversity, or metabolites of the microbiota, which predisposes the body to a variety of diseases [3]. In the past decade, the bulk of microbiota research was confined to the gut and the skin, while the lungs were previously thought to be sterile [4]. In reality, the lungs harbor a community of bacteria ( $2.2 \times 10^3$  bacterial genomes per  $\text{cm}^2$ ) that largely consists of Bacteroidetes, Firmicutes, Proteobacteria, and Actinobacteria [5,6]. The constitution of this microbiota is determined by the (a) immigration, (b) elimination, and (c) replication rates of the microorganisms [4]. In a healthy lung, microbial immigration and elimination are the predominant regulators of the microbiota [4]. In a diseased lung, the regional growth conditions that affect replication rates are the main processes governing microbiota constitution [4]. Figure 1 shows examples of those dynamics affecting microbiota constitution in a healthy and